



Sunday School 9:15 – 10:15 am  
 Sunday Worship 8:30 am & 10:30 am

St. Timothy ELCA is a community of faith creating  
 connection through the love of Jesus Christ

395 Valley Road, Wayne, New Jersey 07470  
[sttimothynj.org](http://sttimothynj.org)

395 Valley Road, Wayne, NJ 07470

Pastor

Director of Music

Office Manager

Church Office Email

Phone: (973) 694-8316

The Rev. Kimberly Cooper

Caroline Parody

Deb Califf

[st.tims395@yahoo.com](mailto:st.tims395@yahoo.com)

## Church Council

Josh Abrahamson .....	(201) 274-4093
Ken DeAngelis ..President.....	(201) 289-0641
Laura Dec .....	(973) 835-2348
Colleen Duffy ..Secretary.....	(973) 280-9773
Andrew Gaffney .....	(973) 634-7902
Cindy Gaffney .....	(973) 694-1595
Fallon Goskowski .....	(862) 485-2651
Marie Johnsson .....	(303) 667-2251
Valerie McGrath .....	(973) 628-1987
Karen Sajban ..Treasurer.....	(973) 229-4624
Eddy Schloesser ..Vice President..	(973) 402-1464
Barbara Westerberg .....	(973) 696-1471



# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <i>Beginning Sept. 17, join us in Fellowship Hall after Worship</i>				<i>* Pastor Kimberly will be out of town September 15 - 23rd for Continuing Education</i>	1 7 pm AA	2
3 9:30 am Worship  1 pm AA	4 <i>Office Closed</i> 	5 9-11:30 am Garage Sale Sorting 1 pm Meditation w/Movement 2 pm Bible Study w/ Holy Communion 7 pm Worship Comm	6  7 pm Choir rehearsal	7 7-9 pm Garage Sale Sorting 	8 7 pm AA	9 9am-4pm 
10  9:30 am Worship 10:45am Youth Group Parent Meeting 1 pm AA	11 9-11:30 am Heart 'n Hands  7 pm Boy Scouts	12 1 pm Meditation w/Movement 2 pm Bible Study w/ Holy Communion 7:30 pm Council	13  7 pm Choir rehearsal	14 	15  7 pm AA	16 10:30 am Bookworms 
17 <i>Return to regular worship schedule</i> 8:30 & 10:30am Worship 9:15am Sunday School 11:30am Coffee Hour 1 pm AA	18 9-11:30 am Heart 'n Hands  7 pm Boy Scouts	19 1 pm Meditation w/Movement 2 pm Bible Study w/ Holy Communion 7 pm Christian Ed Committee	20 10 am  At Spring Hill 7 pm Bell rehearsal	21 <i>Matthew, Apostle &amp; Evangelist</i> 10:30 am Adult Book Group	22  7 pm AA	23 
24 8:30 & 10:30am Worship 9:15am Sunday School 11:30am Coffee Hour 1 pm AA	25 9-11:30 am Heart 'n Hands  7 pm Boy Scouts	26	27 7 pm Choir rehearsal	28	29  3 – 7pm Boy Scout Mum Pick-up 7 pm AA	30 9:30 am 



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*But Ruth said, "Do not press me to leave you or to turn back from following you! Where you go, I will go; where you lodge, I will lodge; your people shall be my people, and your God my God. Where you die, I will die – there will I be buried. May the Lord do thus and so to me, and more as well, if even death parts me from you!"*

*Ruth 1: 16-17*

The longer I spend doing ministry in this world, the more I have come to believe that the worst thing that can happen in life is to be lonely. I meet with people every week, who describe to me their loneliness. Teens going to school every day talk about being lonely. Elderly people, who lived long lives devoted to their families talk about being lonely. Even young professionals so busy that they don't know how they can fit everything in the hours of the day talk about being lonely.

The problem isn't lack of access to people. It is lack of authenticity and vulnerability with people. So much of us are taught that production is the purpose of life, when in fact, God created us to be in relationship. We cannot have real relationships without showing our vulnerabilities. Few of us can afford to do that at our place of employment. Employers want to see us perform well. They only want to know our weaknesses in order to determine if they can live with it or work with us to overcome it.

Churches could be an excellent answer for society. We offer opportunities to connect in many different ways, and yet, people are hesitant to want that. One reason is a lack of interest in connecting. Many people from school age to retirement are more focused on succeeding, earning, and/or impressing. It is downright countercultural to focus on relationships.

I don't think the answer is to try and compete with forms of entertainment. We are not going to win against sports, concerts, or social clubs. Church just isn't very entertaining to most people in this day and age. What we do have, though, is the gospel of Jesus Christ. We do have the deep knowledge that the One that created us thinks we are great and wants to be close to us. For a world groaning in loneliness, we are one place that doesn't have to be about competition. In God's realm, everyone is a winner.

Some people don't like that. Some people want to be winners and they seek out ways to be winners – even setting up others as losers. That can make it so much harder to be our authentic selves. We are scared to open ourselves up to judgement. And yet, it is so refreshing to be around people that are willing to be different, unique, and completely who God made them to be.

Christ calls us to seek out those labeled losers and bring them into loving community. Reading through his family tree, you will be surprised at some of the names – people that you might think do not belong in a good upstanding family: prostitutes, murderers, and, in the case of Ruth, a Moabite (not even Israelite). And yet, she stood by Naomi caring for her, when Naomi's biological (Israelite) relatives did not.

One of the best things you can do, as a Christ follower, is to bring people into the community of faith or, if that isn't possible, bring the community to them. Call them, visit them, or send them cards. Be present and be real. Don't worry about individuals, who reject you, because I can promise you that your church and your God think you are absolutely amazing. You have a lot to offer the world. We have a lot to offer the world.

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# Church News

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## WELCA Garage Sale

Have you been poking around the tables in Fellowship Hall? Seen all the wonderful deals? Time to actually shop is just around the corner!

Able to help day-of?  
Any questions?

Contact Valerie McGrath  
at 973-519-0839



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**Friday Line Dancing returns!** Sessions will be held monthly in Fellowship Hall beginning at 7pm. There will be a mix of old and new dances... some more current music as well as country. No experience or partners necessary!



Wear comfortable shoes or boots that can slide on the tile floor.

Fall dates include September 22, October 27, November 17  
(there will be no date in December)

Starting in 2024, we will meet on the first Friday of each month  
from January through May

Bring some water & snacks and get ready to dance the night away!

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**Starting September 17<sup>th</sup>**

Two services: 8:30am and 10:30am  
Sunday School & Adult Christian Ed: 9:15am  
Coffee Hour: 11:30am





Looking to take a more active role in the worship service? Consider joining the Alleluia Choir or Jubilate Bell Choir. **It's fun**, reading music is not required, **did I mention it's fun?**

Rehearsals for each choir usually run alternate Wednesdays, starting at 7pm, and last a little over an hour, so just **around 2 hours a month**.

Feel you don't sing well? Choir is a team effort-our members are supportive of each other, and you will be amazed at what you can do as a group.

Or, don't sing at all, but you can count to 4 and hold a few pounds in your hand? Bell ringing is easy, and the feeling you get when everyone comes together in a piece of music is simply the best.

In fact, it's **scientific fact** that those who engage in music activities enjoy health benefits, like lowering stress levels, less anxiety, better focus, improved cardiovascular function, plus **it's also fun!** The Alleluia Choir begins rehearsals on September 6 and the Jubilate Bell Choir on September 20. **Come check us out!** Questions? See Carolyn Parody, pianist/organist/choir director on Sundays



### Beautify the Grounds on September 30th

A LOT of things have changed over the past few years. This includes how church property is maintained. For many years, a group of retirees met on Monday mornings to do the bulk of maintenance work here at the church. Many of those retirees are now resting from their labor, so we no longer have that Monday Morning Crew. We are looking to diversify how the work is accomplished beginning with a congregational work day on 9/30 @9:30am.

*Come and learn how easy it is to get work done  
when everyone contributes!*



Following the success of last year's journey through "The Story," Fallon Goskowski will again lead adults in deepening their faith and Christian understanding.

Sessions will be held Sundays at 9:15am in the SonRise Bistro.

At the time of publication, the specific topic(s) were yet to be determined... look & listen for more in bulletins and announcements!



Do you bake? Or can you buy baked goods? How about wield a good sponge to wash a few plates & hot beverage urns?

As Coffee Hour Fellowship begins for the year, folks are needed to provide the sweet treats and to clean-up. Sign-up on the sheet on the bulletin board near the elevator or electronically by clicking [HERE](#).



**September 10<sup>th</sup>**

- Meet your teacher
- See the classrooms
- Fun Activities
- Special Worship

Please Notice This



**Attention High School Youth & Parents**  
*September 10<sup>th</sup> after Worship in the Parlor*

We have heard from both high schoolers and parents that they would like to see more activities for youth. In an effort to construct a youth group, we would like to have a meeting of both high school students and their parents to plan out this program year. If you are in high school this year, please plan to stay after 9:30am worship on Sept. 10 with your parents, so we can get your opinion and ideas.

## Heart 'n Hands Monthly Collection

***This month's product is travel-size lotion.***

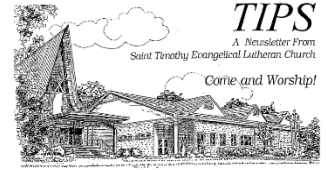
***See drop-off information in H'nH section under "Missions"***



Pastor Kimberly's schedule is changing this fall. Her office hours will be Mon-Wed 9am-noon. This means that during those times, if her door is open, you are welcome to just walk in. She is still available most afternoons and some evenings for appointments and home visits. Please email, call, or text to schedule time outside of her scheduled office hours.

Deb's hours remain Mon-Fri 9am to noon.

Do you read TIPS? Which sections and features do you find useful or meaningful? Perhaps a different format would be more effective, like via text or social media. It is important to us that you receive information in the manner best for you! Please contact the office no later than September 15 with your detailed and specific input!



Email: [st.tims395@yahoo.com](mailto:st.tims395@yahoo.com)

Phone: 973-694-8316

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This year, Advent 4 and Christmas Eve are the same day!! The Worship Committee is



working to determine the best way to manage this second most important day in the church year. In an effort to balance both the importance of church with the needs of the congregation, we will be sending out a survey to get your feedback. For your convenience, we will have printed pages available on Sundays beginning September 10

along with an electronic option.



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October 1<sup>st</sup> ~ Wayne Day

We are considering participating this year. If you are willing to help, please let the office know as soon as possible.

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2024 ELCA Youth Gathering News

July 13-16 MYLE & the tAble

July 16-20 Youth & Young Adult Gathering in New Orleans, LA



October 14<sup>th</sup> ~ Oktoberfest evening social event

October 22<sup>nd</sup> ~ annual budget meeting

October 29<sup>th</sup> ~ Reformation Sunday with brunch

# The Bulletin Board

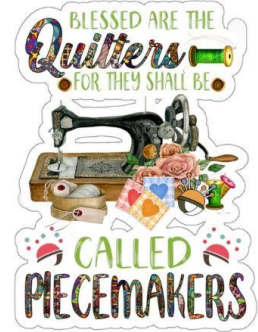
## **Angels Circle & Knitters/Crocheters ~ Bi-Monthly**

The Angels will again be working on lap quilts on September 13<sup>th</sup> and 27<sup>th</sup> from 10am to Noon.

These quilts are simple to make. Can you use a scissor, thread a needle or tie a knot? It's as easy as that!

Stop by and join us. Everyone is welcome.

Any questions, call Barbara Kaplan at (973) 341-7920



Nellie's Knit Group will also meet on the 13<sup>th</sup> and 27<sup>th</sup> in Fellowship Hall. She is enthusiastically awaiting gathering again with fellow crafters and welcomes new faces eager to learn or just share in the companionship.

## **Meditation with Movement ~ Every Tuesday**

We welcome our new regular leader, Tara Temple. Tara is trained in Restorative Therapeutics and holds Gentle Chair Yoga classes at Laurelwood Arboretum. Tara has been quoted as thinking of her practice "as a prayer of thanks and a way of deepening my connection with God and my true self. I feel blessed and honored to have the opportunity to share the wonderful gifts with others."



Join us Tuesday afternoons at 1pm. Bring your own water bottle. The cost is \$30 per month, cash only, but pay as you go. Enjoy the companionship and reap the fitness benefits!

September 5<sup>th</sup> session will still be downstairs, but we will return to Fellowship Hall starting September 12<sup>th</sup>.



## Communion & ~ Every Tuesday

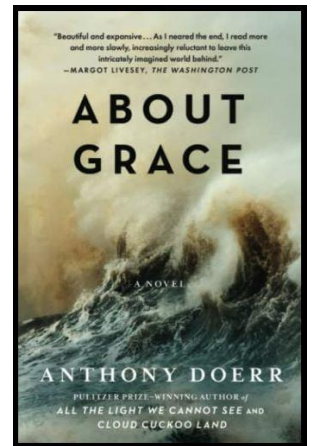


The essence of practicing faith in the Lutheran way is through Word and Sacrament. In addition to worship on Sunday mornings, you can also engage in the bible readings for the upcoming week and receive communion on Tuesdays at 2pm. Anyone is welcome to join us for a less formal gathering in the parlor.

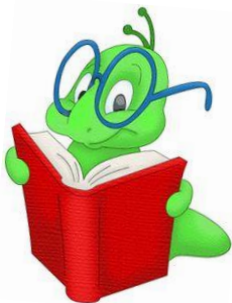
## Bookworms ~ September 16<sup>th</sup>

**The first novel by Anthony Doerr, the highly acclaimed, multiple award-winning author of *Cloud Cuckoo Land*, and the Pulitzer Prize-winning #1 *New York Times* bestseller *All the Light We Cannot See*, one of the most beautiful, wise, and compelling debuts of recent times.**

David Winkler begins life in Anchorage, Alaska, a quiet boy drawn to the volatility of weather and obsessed with snow. Sometimes he sees things before they happen—a man carrying a hatbox will be hit by a bus; Winkler will fall in love with a woman in a supermarket. When David dreams that his infant daughter will drown in a flood as he tries to save her, he comes undone. He travels thousands of miles, fleeing family, home, and the future itself, to deny the dream.



On a Caribbean island, destitute, alone, and unsure if his child has survived or his wife can forgive him, David is sheltered by a couple with a daughter of their own. Ultimately it is she who will pull him back into the world, to search for the people he left behind. Doerr's characters are full of grief and longing, but also replete with grace. His compassion for human frailty is extraordinarily moving. In luminous prose, he writes about the power and beauty of nature and about the tiny miracles that transform our lives. **About Grace** is heartbreaking, radiant, and astonishingly accomplished. *—from Amazon*



For Bookworms information, contact Barbara Westerberg at 973.696.1471 on how to join in the friendly discussion.

Happy reading!

## **Adult Book Group ~ September 21<sup>st</sup>**



Join Art DeRose and friends as they explore interesting and relevant faith-based readings chosen by mutual consent. Topics are approached singularly allowing for attending on any date. All are welcome, please join us.  
-Art & Sandy DeRose

## **Sunday School ~ Every Sunday September to June**

St. Timothy is so excited to start Sunday School once again! Come join us for the first day of Sunday School on September 10 with one combined congregational service at 9:30am. I will guarantee that Pastor will have an entertaining sermon that will be enjoyed by all ages. Light refreshments will follow in Fellowship Hall. Everyone is welcome to see their new classrooms and meet their teachers. We will also have new Sunday School student registration forms for everyone to fill out. Our Pre-k, K, 4<sup>th</sup> and 5<sup>th</sup> grade classes will be using a Lectionary curriculum from Sparkhouse. These students will learn at their grade level exactly the same lessons as in the regular sanctuary service. We are happy that this will be our second year to offer Godly Play. Godly Play will teach our 2<sup>nd</sup> and 3<sup>rd</sup> graders the Bible through story, wonder and play. Sunday School classes will begin on September 17 at 9:15am in the classrooms.

In His name,  
Laura Dec

### **Dates to remember:**

Sept. 10 – 9:30am combined service  
Refreshments in Fellowship Hall  
Sept. 17 - 8:30am service resumes  
9:15am Sunday School begins  
10:30am service resumes

Registration forms will be emailed to parents and available on Sept 10<sup>th</sup>.

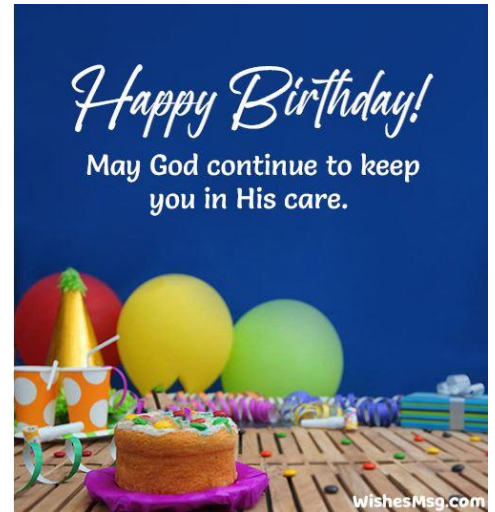


# September

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9/2	Laura Kong	9/19	Joseph Suarez
9/3	Reimund Breimer	9/21	Tricia Anton
9/4	Danielle Andersen	9/22	Kevin Phelan
9/6	Jeff Knittel	9/24	Andrew Gaffney
9/9	Caroline Parody	9/25	Bob Davidson
9/9	Hannah Wantula	9/25	Erin Neglio
9/11	Monica Mains	9/25	Santino Sylvester
9/15	Jennifer Andersen	9/25	Doug Zangrilli
9/16	Douglas Gabel	9/28	Ken DeAngelis
9/16	Bernie Spardel		

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## September ANNIVERSARIES

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9/10 Laura & Michael Dec  
9/15 Sue & Chris Phelan  
9/18 Ellen & Edward Kramer  
9/19 Anna & William Muschko  
9/25 Katherine & Jeff Knittel

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*Should you be on this list, and you're not??  
Please email Deb at [st.tims395@yahoo.com](mailto:st.tims395@yahoo.com)  
or call the office at 973-694-8316!*



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## **MEMORIALS**

During the summer, there have been no gifts to the General Memorial Fund or to the Eternal Light Candle Fund, and we have made no purchases.

We are pleased that there have been additional paybacks from St. Timothy members who received Schleer and Flanders educational loans. We encourage all recipients of these loans to set up payment schedules, so that we can continue to assist our young people with the high cost of college. Gifts to the Schleer and Flanders Loan Funds are always appreciated, as well!



No Memorial Garden pavers were purchased this month, so our paver total stands at 116. The price of a paver is \$300.00. Checks may be made to St. Timothy Memorial Fund, with the words "Memorial Garden" on the memo line. Pavers may be engraved with the names of deceased loved ones, or left blank for future engraving. Paver application sheets are available in the narthex. See Pat Winters for further information or assistance. The Memorial Garden is self-supporting; gifts are welcome at all times!

We also welcome contributions to the fund for restoration and enhancement of our Church organ. This work is on-going. Checks may be made to St. Timothy Memorial Fund, with the words "Organ Repair" on the memo line.



We are grateful to all who have given to the St. Timothy Memorial Funds – the General Memorial Fund, the Music Fund, the George Laubscher Monday Morning Fund, the Memorial Garden Fund, the Eternal Light Candle Fund, and the Flanders/ Schleer Scholarship Loan Funds – and for faithful repayments to the loan funds.

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## Heart 'n Hands Mission



Our sincere thanks to the congregation of St. Timothy for your generous Endowment Fund gift. Your gift will provide backpacks filled with school supplies to 120 children.

We are now collecting fall and winter clothing, coats, hats, boots and gloves. We are also collecting Halloween Costumes through September 30 so that we may distribute them in early October. September's Item of the Month is travel-size body lotion.

*We are closed on Monday, September 4 for the Labor Day holiday.* Volunteers are available on Mondays to accept donations between 9:00 and 11:30 AM. Until September 9<sup>th</sup>, items may be placed in the blue bin at the Donation Station to the left of the elevator on the main level of the church. After the Garage Sale, items may be left on the table in Fellowship Hall.

**Thank you for your continued support of Heart 'n Hands Mission!**

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Would you like to be part of a prayer chain? If you are interested, please contact me at the number listed below.

Here's how it works: When someone calls me with a request you will be contacted to pray for that person, you will then pass the request on to one other person who will do the same. These requests will not be published.



To ask for prayer, call me and I will start the prayer chain. Requests can be as simple as "please pray for my neighbor who has to move into a nursing home?" or it can be "please pray for my daughter Ann". Feel free to give as many or as little details as you feel comfortable. Your request will be on the list for 4 weeks unless you call to continue.

Those calling with requests will be asked if it is confidential or if it can be shared. If you get my answering machine, you can simply say something like 'this is for prayers' and leave a phone number and I will call you when I get home.

Please call for any additional information,  
Barbara Westerberg ~ 973-696-1471



## WIN Food Pantry

## Neighbor Helping Neighbor

Currently the Pantry is serving 170 clients, of which 50 are families with children. Here's how YOU can help:

**Donations:** Nutritious, non-perishable food-[click HERE](#) for current needs. Consider sugar-free, gluten-free, and no-salt food items for our families with members who have dietary restrictions.

**Supermarket Gift Cards:** Donations of Shoprite gift cards, in denominations of \$10 or \$20, are useful to the pantry in a variety of ways and are always welcome.

**Volunteer:** You can also donate your time and talents as well as encourage your religious or service organization to work with us to become better informed about the needs in our community.

**Dedications:** If you would like to make a donation "In Honor of" or "In Memory of" please add all of the pertinent details into the "notes" section of the online donation form or as an enclosure with your check if being sent by mail. This information should include the person's name and address of where you would like an acknowledgement card sent, as well as your own name and address.

**The food pantry hours are:**

Mondays & Wednesdays: 1:00 to 4:00 pm

Tuesdays: 9:00 to 11:00 am

Thursdays: 9:00 am to 12:00 pm

Fridays: 11:00 am to 1:00 pm

*Food donations may only be brought to the pantry on Tuesdays, Thursdays, and Fridays during normal business hours or by appointment.*

*Call us at 973.595.1900 first to be sure someone will be there.*



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### Update on the Kanaan family

Mohmmad, his wife Amani and their son and daughter, Ahmed and Hala are working hard on assimilating to life here in New Jersey. Thanks for all you have so far done to help them. They are now focusing on taking English lessons and we are introducing them to several options including on-line and in person. Several job prospects are being investigated for Mohammad and we hope to have Ahmed (age 4) registered for preschool shortly.



The transportation committee is asking for volunteers to drive them on occasion, to specific appointments where public transportation doesn't easily work, such as major shopping trips, doctor appointments and special events.

If you would be at all able to help, please let me know. You would need a vehicle large enough for the four of them including two car seats.

Thanks and God's Peace,

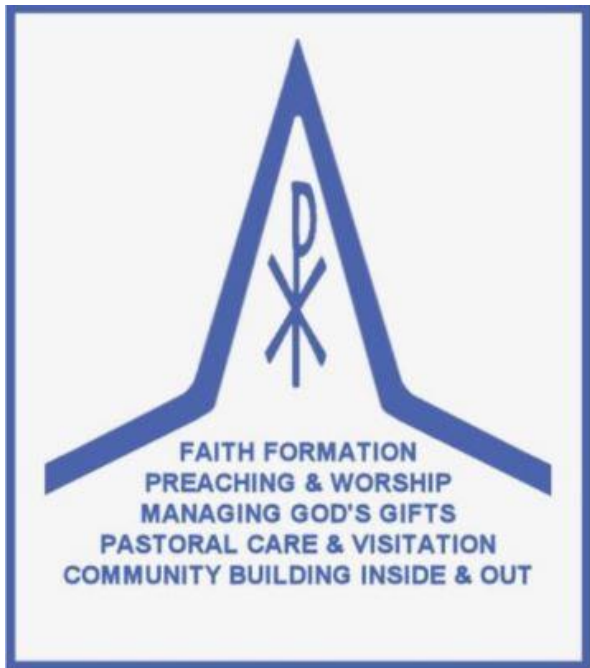
Cliff Konnerth

[ksnacs@msn.com](mailto:ksnacs@msn.com) (201) 757-4086



DATE	Altar Guild	Ushers	Cantor/Acolyte	Assisting Minister	Reader
September 3	Nancy Farina	Cindy Gaffney Ethan Gaffney	C-Bob Davidson	Ken DeAngelis	Colleen Duffy
September 10 Sunday School Kick-off	Karen McAleer Lori VanDerStad	Lisa Koppenal Andrew Koppenal	C-Garey Goskowski	n/a	n/a
September 17	Karen Sajban Debbie Andersen	Lori VanDerStad Pat Kaplan	A-Lauren Bedi	Frances Ochart	Robin Koegel
September 24	Ilona Oosterwyk Terri Loftus	Tom Sajban Sue & Chris Phelan	A-Kayla Fagan	Karen McAleer	Carolyn Russo

# St. Timothy Business & Service Directory



## BUSINESSES



### Evalyn Johnson's Granddaughter:



LeashNLather@gmail.com  
www.facebook.com/LeashNLather

505 Saddle River Road  
Saddle Brook, NJ 07663

### Tastefully Simple

Laura Dec, Consultant  
Midnightangel2@optonline.net  
[www.tastefullysimple.com](http://www.tastefullysimple.com)

Simplified Lifestyles through  
Convenient & Unique Gourmet Foods

(973) 835-2348

ID# 0059231



## Sandy's Art Studio

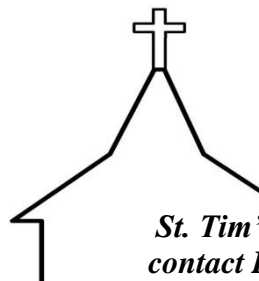
Come join us and experience the joy of art!

- Oil painting • Pen & Ink •
  - Color Pencil • Drawing • and more •
- We get kids to think out-of-the-box, learning creativity

Age 5 to Adult

1st lesson free • Wayne, NJ

Call: 973-956-7654 • Email: [kittykay2@yahoo.com](mailto:kittykay2@yahoo.com)



St. Tim's Business/Service Listing  
contact Deb Califf at 973-694-8316  
or email at [st.tims395@yahoo.com](mailto:st.tims395@yahoo.com)