

Sunday School 9:15 – 10:15 am Sunday Worship 8:30 am & 10:30 am

St. Timothy ELCA is a community of faith creating connection through the love of Jesus Christ 395 Valley Road, Wayne, New Jersey 07470 sttimothynj.org

395 Valley Road, Wayne, NJ 07470 Pastor Director of Music Office Manager Church Office Email Phone: (973) 694-8316 The Rev. Kimberly Cooper Caroline Parody Deb Califf st.tims395@yahoo.com

Church Council

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Karen Sajban	Treasurer	(973) 229-4624
Eddy Schloesser	Vice President	(973) 402-1464
Barbara Westerberg	•••••	(973) 696-1471



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Join Us for COFFEE HOURS Every Sunday following 10:30 Worship in Fellowship Hall	7	1 pm Meditation 1 2 pm Bible Study w/ Holy Communion 7 pm Worship Committee 8	2 <u>7 pm</u> Rehearsal-Bells 9	3 Pastor Kimberly Out of Office	4 <u>7 pm</u> AAFH 11	5
All Saints Sunday 6 <u>8:30</u> Worship, In-Person <u>9:15 am</u> Adult Forum, Bible Study & Youth Sunday School <u>10:30</u> am Worship, Online & In-Person <u>1pm</u> AA	7 <u>9 am</u> Mon Morn Crew Heart 'n Hands <u>7 pm</u> Boy Scouts	1 pm Meditation 2 pm Bible Study w/ Holy Communion 7:30 pm Council Meeting ELECTION DAY	<u>10 am</u> Angel Circle and Knitters & Crocheters <u>7 pm</u> Rehearsal-Choir	Pastor will be Noday through the 12th	THANK POU VETERANS	9 am CRRING 10:30 am Bookworms
13 <u>8:30</u> Worship, In-Person <u>9:15 am</u> Adult Forum, Bible Study & Youth Sunday School <u>10:30</u> am Worship, Online & In-Person <u>1pm</u> AA	14 71PS Deadline! 9 am Mon Morn Crew Heart 'n Hands 7 pm Boy Scouts	15 <u>1 pm</u> Meditation <u>2 pm</u> Bible Study w/ Holy Communion <u>7 pm</u> Christian Ed Committee	16 <u>7 pm</u> Rehearsal-Bells	17 <u>10:30 am</u> Adult Book Group	18 <u>7 pm</u> AAFH	19
20 <u>8:30</u> Worship, In-Person <u>9:15 am</u> Adult Forum, Bible Study & Youth Sunday School <u>10:30</u> am Worship, Online & In-Person <u>12:30-6pm</u> FH Event <u>1pm</u> AA	21 <u>9 am</u> Mon Morn Crew Heart 'n Hands <u>7 pm</u> Boy Scouts	22 <u>1 pm</u> Meditation <u>2 pm</u> Bible Study w/ Holy Communion <u>7 pm</u> Community Interfaith Service	23	Office Closed 24 Thanksolving Blessings	Office Closed 25 <u>7 pm</u> AAFH	26
27 <u>8:30</u> Worship, In-Person <u>9:15 am</u> Adult Forum, Bible Study & Youth Sunday School <u>10:30</u> am Worship, Online & In-Person <u>1pm</u> AA First Sunch, Advent	28 <u>9 am</u> Mon Morn Crew Heart 'n Hands <u>7 pm</u> Boy Scouts	29 <u>1 pm</u> Meditation <u>2 pm</u> Bible Study w/ Holy Communion <u>7 pm</u> Community Interfaith Service	30 Andrew, Apostle <u>7 pm</u> Rehearsal-Choir			



There are seven dimensions of health. Physical health is only one of them. Intellectual, emotional, social, vocational, and environmental are also important factors in our overall wellbeing. The seventh dimension is *spiritual*. Being spiritually healthy is a big part of our overall wellbeing.

All of these are connected to one another. If things are going badly at work, then that can affect our sleep patterns and our relationships with others. When we are in physical pain, we have a hard time thinking clearly and, often, feel anger or sadness. The opposite is also true, that if we are struggling in one area, but doing well in the others, we are likely to recover more quickly.

Being spiritually healthy strengthens us in our jobs, our relationships, and every area of our lives. Spiritual care can be especially helpful in managing physical pain. I remember one day doing rounds as a chaplain in the hospital. There was a woman lying in bed with silent tears running down her cheeks. She looked at me with such desperation as she whispered, "It just hurts so much."

I took her hand and started to pray. I directed her in meditating: breathing in the Holy Spirit; breathing out the pain. Her body started to relax and she fell asleep. I believe in the power of the Holy Spirit to provide comfort in body and mind. I know that God works through medical professionals to care for our bodies AND I know that God works through all of us to provide comfort to souls in any kind of struggle.

But, how do we care for our souls? We have some idea of how to care for our bodies: exercise and nutritious food. We know that reading and doing puzzles keeps our minds sharp. We know that conversation and time together is the key to healthy relationships. What about our spiritual health?

The two biggest things are prayer and reading scripture. Doing these alone in the privacy of your home is great, but doing them in community with a church is even better. Praying and reading the bible feed our souls. It is also important to exercise our faith – to practice trusting in God. We do this by worshiping.

My New Testament professor used to say to us that there are really only two ways the congregation *worships* God. The first is singing the hymns. The second is giving of tithes and offerings. Most of what happens in the worship service is feeding the souls of the congregation, which is a very important part of being church. But, when it comes to *worshiping the Lord*, we do that by singing God's praises and giving to God from what God has richly given us.

Giving of ourselves, our time, and our possessions is a big part of our spirituality. It is an appropriate measure of our spiritual health. Giving to the church means giving over control of a piece of ourselves to the realm of God. It is trusting in the body of Christ. Please prayerfully consider how you want to give.

The Stewardship committee is offering this prayer from the Evangelical Lutheran Worship book:

God, our gracious giver, your Son Jesus taught us that where our treasure is there our hearts will be also. Teach us to love people more than money, relationships more than things, and you above all, that the way we live will reflect what we truly value and believe. We ask this in the name of Jesus, who emptied himself in love for us, and now reigns with you and the Holy Spirit forever and ever. Amen





Grateful thanks to the <u>many</u> St. Timothy folks who have contributed to the Matlacha Hookers' GoFundMe appeal for the people of Pine Island, Florida. The Hookers have used our donations to bring in and distribute everything from blue tarps for covering roofs to "Mommy bags" with breast pumps, baby food and cans of infant formula. There is such great need, and what they have done – what you have done – is wonderful!

Amid so much destruction, I personally was incredibly fortunate. There was a foot of storm surge water in my ground-level carport and shed, so the outside A/C unit, its ductwork, and my car are likely ruined, and the entire lanai (screened-in porch) came apart. But the trailer itself is raised just enough that water didn't enter. A neighbor did a walk-through of the inside: floors, walls, furniture are all okay. Glass on the floor from 2 broken windows, which another neighbor boarded up. Otherwise just fine, and it will be livable. I am very blessed! ---Anne Loffredo

BALLOTS FOR THE 2022 GOOD STEWARD AWARD ARE CURRENTLY AVAILABLE. IN THE NARTHEX, YOU CAN PICK UP A PAPER FORM TO BE COMPLETED AND PLACED INTO THE BALLOT BOX. IF YOU'D PREFER TO SUBMIT ONLINE, SIMPLY <u>CLICK</u> <u>HERE</u> ON THE ELECTRONIC VERSION OF TIPS.



The Wayne Clengy Council Interfaith Thanksgiving Service

> November 22nd at 7:00 PM. St. Timothy Lutheran Church

We are pleased to take our turn as the host for this annual community event!

People of all faith traditions ~ from Christian to Buddhist, Islamic to Jewish ~ make Wayne their home and a common thread woven

through town is an abundant joy for our many blessings. Our own Caroline Parody is responsible for the music. Pastor Kimberly and other clergy will offer short addresses of hope and thanksgiving.

Share the spirit of gratitude of this season with neighbors and friends!

Thank you to all that participated in the voting for the 2022 Endowment Distribution.

Below are the distributions made based on the congregational votes

Global Emergency Response & Assistance TOTAL Distribution:	\$ 2,908.17
	\$ 2,908.17
Bosnia IST (via NJ Synod)	\$ 2,908.18
GLOBAL:	
Lutheran Immigration & Refugee Service	\$ 1,454.08
Lutheran Navajo Mission	\$ 1,454.08
Lutheran Disaster Relief (via NJ Synod)	\$ 2,908.17
NATIONAL:	
Eva's Village	\$ 1,454.08
Hearts & Hands Mission	\$ 2,908.16
Wayne Interfaith Network	\$ 1,454.08
LOCAL:	

and Endowment Committee votes

Endowment Committee: Ed Cleaver, Ken DeAngelis, Cliff Konnerth, James Koppenal, Karen Sajban, Lori Van der Stad, Colleen Duffy (Council Rep)



Saturday, November 12

9 am to 11 am

Fellowship Hall

Help save a life by learning CPR, how to use an AED and what do if someone is choking.

\$40 per person. Make checks payable to St. Timothy's and put "CPR Class" on memo line.

Students will receive American Heart Association certification.

Teens and babysitters are welcome.

Sign up on list posted by the elevator, call the office or call/text Valerie at 973-519-0839.

Make a Difference this Thanksgiving!

The Wayne Interfaith Network food pantry invites residents to lend their support in funding the purchase of supermarket gift cards to be distributed to local families so they can purchase everything needed to prepare their own festive holiday meals this year.



Please help your neighbors have a Thanksgiving to remember!



o contribute, please send checks or supermarket gift cards earmarked for "Thanksgiving" to WIN, PO Box 3341, Wayne NJ 07474-3341 or **Donate online at: www.winfoodpantry.org**

The Wayne Interfaith Network is a 501(c)(3) organization.



Christmas cards are now available for anyone ready to get a head-start on

writing their holiday greetings! Look for them in Fellowship Hall in the card carousel on the table near the hallway to the Office. There's plenty to replenish, so feel free to help yourself to as many as you'd like.





Jesse Tree - Angel Gifts

We will once again be doing the Jesse Tree gifts *(Angel Gifts)* for children in need of clothing. There will be a basket of gift tags with the names, gender, and sizes of children affiliated with the **Center for Family Resources,** the home of the upper Passaic County Head Start program, some of whom meet at St. Timothy every other Wednesday.

There will also be a container to place the other half of the tag that must include your name and phone <u>number.</u>

For those streaming only but want to participate, feel free to contact Karen Sajban to arrange receipt of gift tags.

We will have the tags available in mid-November – keep a look out for definite date! Please take a name – or $2 - \text{ or } 3 - \text{ and buy a } \underline{\text{gift of clothing}}$ for the child named. Bring it back to the church and place the wrapped gift with the gift tag attached under the Jesse tree (please avoid large bows and ribbons for packing purposes). Feel free to leave in the back right corner of chancel prior to the start of Advent where the Jesse Tree is placed. It will be delivered to children in time for Christmas! The deadline will be announced shortly as well. Thank you in advance for your generosity and continued support of the Jesse Tree Karen Angel Gift program. Please contact Sajban (973-229-4624)or ksajban@optonline.net with any questions.



Doing some holiday baking? Save those butter and margarine boxes!

Caroline is working on a long-term project and needs 100 of them! She has placed baskets in the narthex and in the choir room for collection.

The quarterly Christ in Our Home devotional booklet is available on tables in the narthex and Fellowship Hall. Pick one up today and find daily inspiration, comfort and divine guidance.





<u> Adult Bible Study ~ Every Tuesday</u>

Join us each Tuesday afternoon at 2pm for an indepth discussion of a select lectionary for the upcoming Sunday. Pastor Kimberly celebrates a Liturgy of Holy Communion following the discourse.



Bookworms ~ November 5th

Our book selection for November is *The Woman They Could Not Silence* by Kate Moore, a dark, dramatic and ultimately uplifting tale of a forgotten woman whose inspirational journey sparked lasting change for women's rights and exposed injustices that still resonate today (<u>from author's site</u>).



For more information call Barbara Westerberg.

Happy reading, Colleen, Nancy, Carolyn, Valerie and Barbara



Angel Circle & Knitters/Crocheters

We will only be meeting once this month **Source** because of the Thanksgiving holiday. Join us on November 9th from 10am until Noon to sew, knit or crochet for a good

cause and enjoy the camaraderie.

Any questions, call Barbara Kaplan

Adult Book Group ~ November 17th

Join us the 3rd Thursday of each month at 10:30am in the parlor. We continue to make our way through *Speaking Christian: Why Christian Words Have Lost Their Meaning and Power-And How They Can Be Restored.* Art DeRose is our leader so you know it's a mixture of study and laughter. Hope you jump on in!



Art, Sandy, Nancy Mary and Barbara

Adult Forum ~ Every Sunday



Join us each Sunday morning at 9:15am in the Church Parlor. The Forum is a discussion and review of the religious, secular, and social "topics of the day" and how we relate to them as Christians in the modern world.

Enjoy "coffee/and," lively conversation, an energizing hour of fellowship (an a few chuckles) before the 10:30 worship service. All are welcome!

<u>Sunday School ~ Every Sunday</u>

"Faith formation is more than a subject to be taught- it is an invitation to a way of life" - Ire Papeochi Reformation Sunday was enjoyed by all! A combined service at 9:30am had a special time for the Sunday School younger students. Pastor ordered a special Pop-Up book all about the life of Martin Luther. Miss Laura took the younger children downstairs during Pastor's sermon and they had their own special "lesson". They also had Reformation activity sheets during the service to keep them busy. A Pot-Luck Brunch followed in Fellowship Hall. "Faith Rocks"

and "The Lord is my Rock, Psalm 27:2" frames were made by all ages. A special Thank You to my friend, Rob MacKay, for donating the rocks (Faith Rocks) from Structural Stone in Fairfield.

Sunday School at St. Timothy is going really well. Attendance is great and the students are enjoying our new curriculums. Godly Play and The Story are engaging and fun! I'm going to tell you that I still like learning these stories through the eyes of the children. Yes, some of the stories are "aged down" for several of the grades but, they are the stories. Sometimes they are easier to understand and explain for us teachers too. The Story is also offered as an adult study in the SonRise Bistro during Sunday School hours (9:15 – 10:15).

Advent time is here again at St. Timothy! The Advent Tree of "Hope and Expectation" is called the Jesse Tree. The younger children will color ornaments that relate to the Bible stories of that week and hang them up on the Jesse Tree.

A weekly offering has always been part of our Sunday School classes. We started again last year and honestly, many of us have forgotten about this important act. When our children learn how to give at a young age, they will likely carry that practice into adulthood. Our offerings are an act of worship where we respond to the grace, love and mercy of God. Each of our classes will have a basket for offerings. If you still have envelopes from the past, feel free to use them. If you do not have envelopes, no worries, we are in the process of ordering more.

In His name, Laura Dec

Dates to Remember:

Nov. 5 (Saturday Night) – Daylight Savings time ends – turn clocks back 1 hour
Nov. 6 - All Saints Day
Nov. 24 – Thanksgiving Day
Nov. 26 & 27 – Thanksgiving weekend – We have Sunday School classes
Nov. 27 - Advent season begins
Dec. 19 – Sunday School Christmas Program 10 am – Snow Date
Dec. 25 – No Sunday School classes
Jan. 1 – No Sunday School classes
Jan. 8 - Sunday School classes resume



- 11/1 Dolores Monsees
- 11/1 Jessica Perrone
- 11/2 Louis Russo
- 11/2 Mark Muschko
- 11/2 Robert Andersen
- 11/3 Richard Wedemeyer
- 11/4 Karen Vogt
- 11/9 Gloria Cooper
- 11/9 Elizabeth Koch
- 11/12 Jillian Englesbe Sborz 11/25 Carl E. Schroeder
- 11/13 Joel McKenzie

- 11/13 Samantha DeRose
- 11/16 William Koppenal
- 11/17 Eric Mains
- 11/19 Carol Cook
- 11/20 Carolyn Russo
 - 11/21 Jeff Riotto
 - 11/21 Laura Ann Dec
 - 11/22 Karen Taylor
 - 11/23 William Monsees





Valerie & Mark McGrath 11/30

Should you be on this list, and you're not?? Please email Deb at st.tims395@yahoo.com or call the office at 973-694-8316!



Memorial Funds continue to be instrumental in helping us move from Christian Education to Faith Formation. We have used gifts in memory of Jean Marc for the "Godly Play" Sunday School program, and gifts in memory of Ronald Rosen for "The Story," a multi-generational bible study. The curriculum for each of these programs includes books and videos; wooden figures, boxes and other materials were also needed for "Godly Play." In addition, these gifts have made possible the purchase of screens to show the videos, and additional tables and chairs for our littlest participants. The balance of the Ron Rosen Memorial Fund was used to purchase television sets with DVD players for four classrooms, so that students can watch "The Story." We are most grateful to the families of Jean Marc and Ronald Rosen for these designations.



No Memorial Garden pavers were purchased this summer, so our paver total stands at 116. The price of a paver is \$300.00. Checks may be made to St. Timothy Memorial Fund, with the words "Memorial Garden" on the memo line. Pavers may be engraved with the names of deceased loved ones, or left blank for future engraving. Paver application sheets are available in the narthex. See Pat Winters for further information or assistance. The Memorial Garden is self-supporting; gifts are welcome at all times!

We also welcome contributions to the fund for restoration and enhancement of our Church organ. This work is on-going. Checks may be made to St. Timothy Memorial Fund, with the words "Organ Repair" on the memo line.



We are grateful to all who have given to the St. Timothy Memorial Funds – the General Memorial Fund, the Music Fund, the George Laubscher Monday Morning Fund, the Memorial Garden Fund, the Eternal Light Candle Fund, and the Flanders/Schleer Scholarship Loan Funds – and for faithful repayments to the loan funds. We welcome additional contributions to the loan funds as we assist families with the high price of college.



"Christmas at Sea"



90% of global trade is transported on the high seas by crew members on container ships whose job it is to ensure our supply chains. They can often be overworked, frustrated and lonely.

Seafarers International House ministers to the

people in port throughout the year, counseling and providing every facet of pastoral care. Last year, chaplains delivered **2,162 Christmas satchels** to these unseen essential workers!

St. Timothy WELCA has been a partner for many seasons. Please help us with giving of a donation from the list provided below.

Sweatshirt – M, L or XL Socks – Thermal or Gym Crew Large bar of chocolate or can of nuts or healthy snack bar T-Shirt – M, L or XL Knitted winter cap (no pastels or pom-poms)



A box will be in the Fellowship Hall level next to the elevator to capture our booty and make "Christmas at Sea" a success.

LAST DAY TO GIVE IS SUNDAY, NOVEMBER 13th

From the digital TIPS version, click <u>HERE</u> if you'd like to explore more!

Heart 'n Hands Mission



Thank you to our St. Timothy family and to the Endowment Committee for your generous donation from the Endowment Fund. Your financial support will provide cold weather necessities to the homeless throughout our area.

As you know, we are now providing personal care kits year-round in lieu of our annual Blessing Bag Project. We appreciate all donations of travel size toiletries that allow us to continue this vital mission.

We are now accepting donations of winter clothing, coats, boots, hats, gloves, and scarves. We also welcome blankets and sleeping bags. In this season of Thanksgiving, let us remember our friends in need who may be struggling, hoping and praying for necessities and comfort.

Happy Thanksgiving to all!

Travel & Service Opportunity



Good news! The bishop has given the Bosnia IST a go-ahead to plan a 2023 trip. It is exciting to actually begin planning our long overdue 20th anniversary of this ministry. We will of course continue to monitor the COVID situation in BiH. My thanks to the endowment committee for designating a portion of international funds to the servant trip, we look forward to putting it to good use.

Please keep the leadership team in your prayers as we begin planning. Hardship has fallen on several of our members since our last trip, along with that the contentious political situation in BiH will make this preparation all the more challenging.

Now is the time to ask how God is calling on you to help. There will be ample opportunity to be on the home team through your gifts of time, talent and money or maybe even as a member of the travel team? The trip is open to all age 16 and above (15 with a parent or guardian). There are several travel team veterans here in St Timothy willing to answer any questions you may have. Let us know.

Mir I Ljubav

Cliff Konnerth IST Leadership team Travel team 04, 08, 10, 12, 13, 15, & 18





Wayne Interfaith Network



Doors at the WIN Pantry located at the Y, 1 Pike Drive are open to accept donations:

Tuesday:9:00-11:00amThursday:9:00am-12:00pmFriday:11:00am-1:00pm

Please call 973.595.1900 for information or if you need to arrange an alternate dropoff time. Additional drop-off locations include:

Wayne Public Library Wayne Municipal Building near the Health Department Wayne YMCA in the main lobby

> Thank you for your generosity. <u>www.WinFoodPantry.org</u>

Would you like to be part of a prayer chain? If you are interested, please contact me at the number listed below.

Here's how it works: When someone calls me with a request you will be contacted to pray for that person, you will then pass the request



on to one other person who will do the same. These requests will not be published.

To ask for prayer, call me and I will start the prayer chain. Requests can be as simple as "please pray for my neighbor who has to move into a nursing home?" or it can be "please pray for my daughter Ann". Feel free to give as many or as little details as you feel comfortable. Your request will be on the list for 4 weeks unless you call to continue.

Those calling with requests will be asked if it is confidential or if it can be shared. If you get my answering machine, you can simply say something like 'this is for prayers' and leave a phone number and I will call you when I get home.

Please call for any additional information, Barbara Westerberg ~ 973-696-1471



DATE	Altar Guild	Ushers	Acolytes	Assisting Minister	Reader
November 6	Debbie Andersen	Pat Kaplan	Lauren Bedi	Laura Dec	Anne Loffredo
All Saints	& Karen Sajban	Lori VanDerStad			
November 13	Lori VanDerStad	Cindy Gaffney Ethan Gaffney	Anya Cooper	Josh Abrahamson	Marie Beyer
November 20	Nancy Farina	Laura Dec	Andrew Koppenal	Ken DeAngelis	Fallon Goskowski
Good Steward	Colleen Duffy	Karen McAleer			
November 27	Valerie McGrath	Jeff Riotto Lisa Koppenal	Ethan Gaffney	Frances Ochart	Carolyn Russo

St. Timothy Business & Service Directory

BUSINESSES

MARY KAY

Karen Sajban Independent Beauty Consultant

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KarenSajban@marykay.com

www.marykay.com/karensajban

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Tom Sajban, President West Milford, NJ

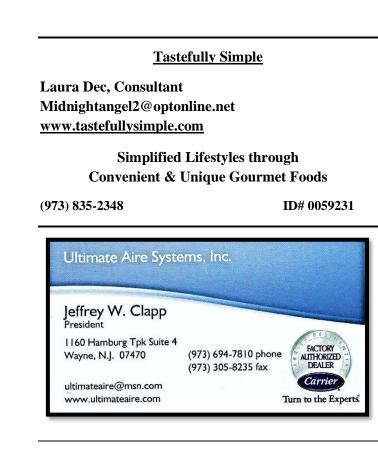
Phone: 973-208-1896 Fax: 973-208-1896 Email: tsaiban@optonline.net Lic#13VHO3247700

Evalyn Johnson's Granddaughter:



LeashNLather@gmail.com www.facebook.com/LeashNLather

> 505 Saddle River Road Saddle Brook, NJ 07663



Sandy's Art Studio

Come join us and experience the joy of art!

 Oil painting
 Pen & Ink Color Pencil • Drawing • and more • We get kids to think out-of-the-box, learning creativity

Age 5 to Adult

1st lesson free • Wayne, NJ

Call: 973-956-7654 • Email: kittykayy2@yahoo.com

St. Tim's Business/Service Listing contact Laurie Crowley at 973-694-8316 or email at st.tims395@yahoo.com