

Sunday Worship 9:00 & 10:30 am

Saturday Worship 6pm

395 Valley Road, Wayne, New Jersey 07470

sttimothynj.org

#### The Rev. Robert M. Mountenay, Pastor

395 Valley Road, Wayne, NJ 07470
Parsonage
Director of Music
Church Secretary
Church Office Email

Phone: (973) 694-8316 Phone: (973) 694-2036 Caroline Parody Laurie Crowley st.tims395@yahoo.com

#### **Church Council**

Dr. Lori Bleeker	 (201) 485-7384
<b>Edward Cleaver</b>	 (201) 337-5411
Laura Dec	 (973) 835-2348
Anthony DeStefano	 (973) 694-1445
Cindy Gaffney	 (973) 694-1595
Fallon Goskowski	 (862) 485-2651
Pat Kaplan	 (973) 341-7920
James Koppenal	 (973) 406-7405
Eddy Schloesser	 (973) 402-1464
Lori VanDerStad	 (862) 203-9549
Barbara Westerberg	 (973) 696-1471
Hannah Wantula	 (973) 616-8330



# September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 am Worship with Holy Communion	office closed  Happy Labor  Day	3 11:30 am Chair Yoga	4 7:15 pm: AAFH	5	7 pm AAFH (AA in Fellowship Hall) 7-9 Garage Sale Preview (\$5)	7 6 pm Worship with Holy Communion 9-4 Garage Sale
8 9 & 10:30 am Worship with Holy Communion	9 9 am Mon Morn Crew Gardening Group 9:30 am HHM Sorting	10 11:30 am Chair Yoga 7:30 pm Council Meeting	11 am PrimeTimers 7:15 pm: AAFH	12	13 <u>7 pm</u> AAFH	9:30 am Bookworms 6 pm Worship with Holy Communion Holy Cross Day
9 & 10:30 am Worship with Holy Communion  **TIPS Deadline!	9 am Mon Morn Crew Gardening Group 9:30 am HHM Sorting	17 11:30 am Chair Yoga 1pm Knitting 7pm CEC Meeting	18 7:15 pm: AAFH	19 10:30 am Adult Book Group	20 <u>7 pm</u> AAFH	6 pm Worship with Holy Communion  Matthew, Apostle
9 & 10:30 am Worship with Holy Communion  Stew Sunday	9 am Mon Morn Crew Gardening Group 9:30 am HHM	24 10:15 am Atrium Hymn Sing 11:30 am Chair Yoga	25 10 am Angel Circle 7:15 pm: AAFH	26	27 <u>7 pm</u> AAFH	28 6 pm Worship with Holy Communion
29 9 & 10:30 am Worship with Holy Communion	30 9 am Mon Morn Crew Gardening Group 9:30 am HHM Sorting					



## Worship Participants

## September 2019

Date	Altar Guild	Ushers	Acolytes	Reader	Communion Assistants	Coffee Hosts
September 1	Nancy Farina Debra Tanis	Bob Bartelt Doug Zangrilli	Jacob Dittmer Joshua Dittmer	Danielle Dittmer	n/a	n/a
Pentecost 12						
September 8 Pentecost 13	Alice Huizinga Mary Laverack	Jeff Riotto Tom Sajban Alex Banu	Bryan Lawson Erik Lawson	Carolyn Russo	n/a	Nancy Farina Barbara Westerborg
rentecost 13		Pat Kaplan				Westerberg
September 15	Ilona Oosterwyk Terri Loftus	Craig Beyer Rick Beyer	Colin Loftus Deana Inciardi	Marie Beyer	n/a	Heart 'N Hands Davidsons
Pentecost 14		Dave Taranto Amy Taranto				
September 22	Valerie McGrath Lori VanDerStad	Marnie Sperling Lindsay Sperling	William Koppenal Ryan Bedi	Laura Dec	n/a	Barbara Tammi Nancy Tammi
Pentecost 15		Bob Bartelt Doug Zangrilli				
September 29	Debbie Andersen Karen Sajban	Cindy Gaffney Andrew Gaffney	Ava Serventi Caroline Corbett	Karen Sajban	n/a	The Beyers
Michael & All Angels	-	Olivia Gaffney Tom Sajban	Henry McGrath Tricia Kellstrom			

## From the Pastor

## A Word from our Bishop regarding the ELCA Churchwide Assembly

While our denomination usually flies under the radar of mass media, last week's Churchwide Assembly drew attention when the ELCA approved a memorial naming the ours a "sanctuary church body." Several of you have asked me what this means, and I had to confess that I was not sure. Our Bishop, the Rev. Tracie Bartholomew sent out an email yesterday which explains her understanding of the vote. The following is an abridgement of that email.

#### **RMM**

#### Dear Friends,

I just returned from our ELCA Churchwide Assembly, along with almost 1000 other voting members (including 13 others from our  $synod^1$ )...

... While the assembly engaged in a lot of work and stopped for worship in the middle of each day, I have only seen headlines about two actions – a prayer walk to the ICE office in Milwaukee and the approval of a memorial naming the ELCA a sanctuary church body. Both actions are public witnesses to our standing with refugees and asylum seekers, working for improved immigration policies, accompanying the most vulnerable among us, and praying for all who seek safer homes. Praying for an end to the detention of children seeking asylum and an end for the separation of families at our southern border is in line with the biblical call to love our neighbors.

continued...

The word "sanctuary" when used in the context of immigration, can be understood in many ways; there is no legal definition of sanctuary. For some, the word elicits an emotional response, even without being sure what it means. In 2016, the ELCA adopted the <u>AMMPARO</u> strategy which speaks about sanctuary as everything from holding English classes to housing people to writing to congress — all of these are ways of being sanctuary. This action does not ask for anyone to engage in illegal behavior.

Because we are church in three expressions (congregations, synods, and churchwide) the decision made at the Churchwide Assembly to become a sanctuary church body, only applies to the churchwide expression. Any congregation or synod wishing to become a sanctuary entity is free to decide to do so, or not. No congregation or synod is compelled to take on that designation. If a congregation wishes to become a sanctuary entity, it should also decide what that will mean.

We have congregations in our synod that already do the work of being sanctuary, some with an official designation and others working quietly behind the scenes. As a synod, we are committed to calling for immigration reform, to supporting a ministry for those in the Elizabeth Detention Center (under the leadership of Pastor Ramon Collazo), and to working with neighbors who make NJ home. This commitment is long-standing and unwavering.

In the coming weeks, the voting members from our synod will share reflections of the Churchwide Assembly with you through Jersey Jottings. I hope you will read them and then thank those who gathered for this holy time of being church. Behind the headlines and social media posts, the Holy Spirit called, gathered, and breathed life into the assembly. I am grateful to be a part of such a church.

Peace, Bishop Tracie L. Bartholomew



9/2	Laura Kong	9/19	Joseph Suarez
9/2	Tricia Anton	9/19	Kate Jones-Smith
9/4	Danielle Andersen	9/19	Dana Payne
9/6	Jeff Knittel	9/21	Steven VanHorn
9/9	Hannah Wantula	9/21	Charles Purcel
9/10	Leona Eckert	9/22	Christopher Gaffney
9/11	Monica Mains	9/24	Christina Perrone
9/13	Rich Milito	9/25	Bob Davidson
9/15	Jennifer Andersen	9/25	Doug Zangrilli
9/16	Bernie Spardel	9/28	Ken DeAngelis
9/16	Douglas Gabel	9/29	Robert Taylor
9/17	Dorothy VanderWende	9/30	Norma Massood





9/3	Linda & William Moakley
9/10	Laura & Michael Dec
9/18	Ellen & Edward Kramer
9/19	Anna & Bill Muschko
9/25	Kathy & Jeff Knittel
9/29	Pamela & James O'Mealy

Should you be on this list, and you're not??
Please email Laurie at <a href="mailto:st.tims395@yahoo.com">st.tims395@yahoo.com</a>
or call the office at 973-694-8316!



Since July 15, 2019, gifts were given to the General Memorial Fund in memory of:

Morton Bates, father of Debra Mountenay

There were no Memorial purchases during the summer.



No Memorial Garden pavers were purchased this month, so our paver total stands at 114. The price of a paver is \$300.00. Checks may be made to St. Timothy Memorial Fund, with the words "Memorial Garden" on the memo line. Pavers may be engraved with the names of deceased loved ones, or left blank for future engraving. Paver application sheets are available in the narthex. See Pat

Winters for further information or assistance. The Memorial Garden is self-supporting; gifts are welcome at all times!

We also welcome contributions to the fund for restoration and enhancement of our Church organ. The work is on-going and should be completed very soon. Checks may be made to St. Timothy Memorial Fund, with the words "Organ Repair" on the memo line.



We are grateful to all who have given to the St. Timothy Memorial Funds – the General Memorial Fund, the Music Fund, the George Laubscher Monday Morning Fund, the Memorial Garden Fund, the Eternal Light Candle Fund, and the Flanders/Schleer Scholarship Loan Funds – and for the faithful repayments to the loan funds. We welcome additional contributions as we assist families with the high price of college.

## Adult Book Group ~ September 19th



We've continue reading *Days of Awe and Wonder* by Marcus J. Borg.

We'll go on to chapter 6 this month. Join us the 3rd Thursday of each month at 10:30 in the morning. We would love to have you join us. We meet in the parlor

and Art DeRose is our leader so you know it's a mixture of study and laughter.

Art, Sandy, Nancy, Mary and Barbara

## Bookworms ~ July 13th

We will be meeting September 14<sup>th</sup> at the usual Barnes & Noble coffee shop. Our book selection is *The Silent Patient* by Alex Michaelides. Come and join us for good camaraderie and interesting discussion. We'd love to have you.



September - *The Silent Patient* by Alex Michaelides October - *Anything is Possible* by Elizabeth Strout November - *The Girl with no Shadow* by Jonna Harris December - *The List Roses* by Martha Hall Kelly January - *The Prayer Box* by Lisa Windgate.

Join us any time at the coffee shop in Barnes & Noble on Rt. 46. Happy reading.

Colleen, Nancy, Carolyn, Le, Elsie and Barbara

Don't forget **Knitting and Crocheting** on Tuesday, September 17<sup>th</sup> at 1 o'clock. Beginners and experts welcome. We meet in the church parlor. Come for sharing in our work and helping each other when needed. It's a fun time.





Come join us. There are approximately 8 of us that attend weekly on Tuesdays from 11:30am to 12:30pm. Both men and women are welcome, some of us are church members and some are from the community. All are welcome.

We meet in Fellowship hall every week. You may have noticed the chair set up. The cost is \$30 a month. We have a great yoga leader who teaches us in ways to help both body and mind.



## August 30:

**Donation Deadline** 

## September 6:

7-9pm Preview with \$5 admission

## September 7:

9am-4 pm

We return to Our Regular Worship Times on Sunday, September 8<sup>th</sup>.

Worship Services will be held at 6pm on Saturday Evenings and 9 & 10:30am on Sunday Mornings.





Hope you have had a wonderful July and August. We've had some really hot days in July and as I write this it's a beautiful, perfect August so far.

A family member of mine has a difficult time making decisions. I believe that we make the best decisions we can given our circumstances. This helps me, but I recently read in the newspaper some others ideas for helping with this problem. I'll summarize what I've read:

- Think about how much time you are losing and wasting by not choosing an answer in a reasonable length of time.
- Set a time limit on coming to an answer. For example 'I'll decide by Thursday', and if you haven't decided by then, just toss a coin.
- Don't punish yourself instead of learning from the result of your decision. 'If only 1', 'I should have', or 'what if I had', etc. is a waste.

Here is where I go back to my idea of 'we do the best we can at the time and with the information we have'. Learn from it and maybe you will do it differently in the future, maybe not.

Ask yourself 'What is the worst that can happen?' Once you have answered ask 'if that happens, then what's the worst that can happen'. Keep going until you are at the very worst... not so bad, right?

There is nothing you can't handle. You might not like it, but you can handle it.

Enjoy September. It's a busy time. Do things at your own pace. Remember, God is with you.

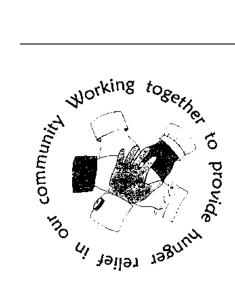
More "Make Life Easy" next Tips Barbara Westerberg



## **Angels Circle**

Due to the garage sale & PrimeTimers, the Angel Circle will only meet once this month on September 25<sup>th</sup>.

See you then!

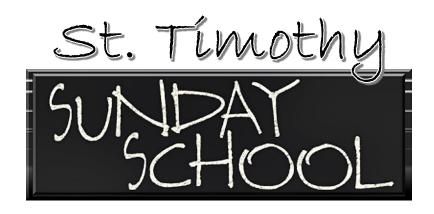


## Wayne Interfaith Network

Currently WIN is serving 122 clients and their families. Approximately 53 children are served each month. The pantry particularly needs Chef-boyardee products, canned chili, canned fruit, pancake mix, pancake syrup, canned meat & fish, fruit juice, juice boxes and breakfast cereal.

Monetary donations are greatly appreciated and may be made "in memory of" or "in honor of". Mail to Wayne Interfaith Network, PO Box 3341, Wayne, NJ 07474-3341.

Thank you for your generosity. www.WinFoodPantry.org



Begins September 8<sup>th</sup> 9am



## **Creativity and Aging**

There are many things we do as seniors to live well including annual checkups (or maybe more frequently), proper nutrition, physical activity, and exercises for our mind such as word games. Another way to keep our mind healthy is art therapy.

In a study published in the Journal on Aging it was noted that seniors, aged 60-93, identified six features of successful aging: a sense of purpose, interactions with others, personal growth, self-acceptance, autonomy, and health. It was noted that creative activities such as writing, painting, or knitting encourage a sense of competence, purpose, and growth. Arts and crafts help alleviate boredom and keep seniors' minds busy a well as help with hand-eye coordination, cognitive abilities, and concentration.

Sometimes we don't get involved with creative activities as we don't see ourselves as artistic. But there are many ways to express one's creativity that can be done with things we have around the house such as taking out a lifetime of photographs and arranging them in a collage or scrap book.

At our next Prime Timers (see below) we will have fun in a session of crafting - painting rocks! As one who doesn't have much artistic ability, I'm hoping that this exercise will prompt me to do more crafting - and I hope you'll join in as well!

See you at Prime Timers!

Eileen Smith

# SEPTEMBER PRIMETIMERS ~~ CHANGE OF DATE ~~ September 11<sup>th</sup> • 11am – 1pm



Prime Timers September: NOTE CHANGE OF DATE! We will meet on the second Wednesday (September 11) due to the garage sale.

Think you don't have any artistic ability Think again! Our September Prime Timers we will invite a special guest to lead us in an artistic endeavor: rock painting. Hearts, rainbows, and words of inspiration are always fun to paint on rocks. Bring your imagination and a brown bag lunch to Prime Timers on September 11 at 11 a.m. See you then!



September 8	Nancy Farina Barbara Westerberg	October 6	Robert & Debbie Andersen
September 15	Hearts and Hands The Davidsons	October 13	Carol Cook Lori VanDerStad
September 22	Barbara Tammi	October 20	Alice Hunzinga Karen Kong
September 29	Nancy Tammi The Beyers	October 27	The Riottos



### Save the dates – Wednesdays

October 16 October 23

October 30

#### Mark the place -

St. Timothy Lutheran Church for "The Sounds of Music"



#### Note the time -

12:00 noon to 1:00 PM (Once again, it's "Musicales at Noon!")

We are delighted to invite one and all to our exciting thirty-sixth season! Each Musicale will feature acclaimed artists in a one-hour program. Do plan to bring your friends – we promise a refreshing break in your day.

#### THANKS TO OUR "MUSICALE PATRONS" - YOU MAKE IT ALL POSSIBLE!

We are grateful to our Patrons for underwriting the costs of this quality musical series. Through Patron generosity in the past, we have presented outstanding artists in interesting and varied programs. We ask your support once again.

To be a Musicale Patron, please make your check payable to "St. Timothy Musicales." You may mail it to the Church, place it in the offering plate, or hand it to Peg Gerding or Anne Loffredo. Your name will appear in TIPS and the concert programs, and you'll be participating in a much-appreciated community outreach.

Contact Peg Gerding at (973) 646-8659 or Anne Loffredo at (973) 956-0026 for information about the series or about becoming a Patron – and thanks!



### **OUR FALL 2019 SERIES WILL OFFER:**

Wednesday, October 16, at 12 Noon
"OYS IN THE HOOD"

Return of very popular Klezmer group

Wednesday, October 23, at 12 Noon

# THE RIDGEWOOD SINGERS SUSAN LaFEVER, CONDUCTOR

Songs in many styles

Wednesday, October 30, at 12 Noon
A MYSTERY

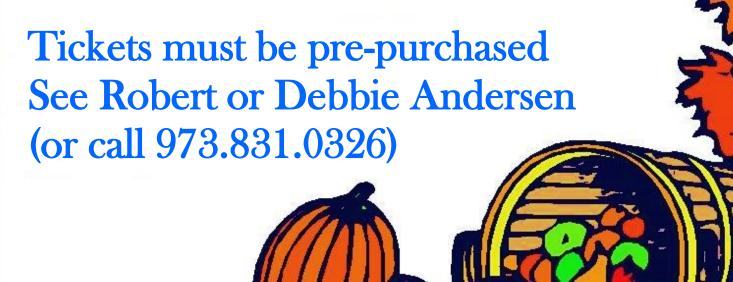
**DON'T MISS THEM!!** 

(P.S....IT'S A WONDERFUL TIME TO BE A PATRON!)



St. Tim's Fun and Fellowship Club
Oktoberfest is retuning!

Date and Cost Coming Soon!



## Stew Sunday • September 22, 2019

Will you consider making a batch of stew for the guests at Eva's Kitchen in Paterson? We always hear words of gratitude from the guests at Eva's Kitchen for the meal prepared for them.

Once again we are joining with the congregation of Immaculate Heart of Mary to provide this nourishing



meal. The past few times we've participated in Stew Sunday we've just about been able to serve everyone. The number of guests continues to grow. We always hope for left-over stew as this is distributed to a women's shelter.

The stew should be put into toss-away containers and brought to the church either Saturday night or Sunday before 10:00 a.m. You may also bring it on Friday during office hours (9-12). On Sunday at 10:00 the stews from St. Timothy are loaded up for transport to Eva's Kitchen.

As we need a count of stews, please sign up on the bulletin board across from the elevator or let Eileen Smith or Laura Dec know that you will be cooking. The recipe follows. Thank you!

#### STEW SUNDAY RECIPE

3 lbs. stew meat - cut in 1 1/2 inch chunks

1/3 cup all purpose flour

1/3 cup salad oil

1 large onion, chopped

1 clove garlic, minced

4 beef bouillon cubes (or envelopes)

1 teaspoon salt

1/2 teaspoon Worcestershire sauce

1/2 teaspoon pepper

6 medium potatoes, cut in chunks

1 16 oz. bag carrots, cut in chunks

1 10 oz. package frozen peas

Dredge meat in flour. Sauté meat, a few pieces at a time in oil, until well browned on all sides. Remove pieces as they brown and continue cooking other pieces.

Reduce heat to medium. Add chopped onion and garlic to drippings and cook until onion is almost tender, but not brown. Stir in 3 cups water, bouillon, salt, Worcestershire, and pepper - stirring occasionally until it comes to a boil. Add meat and cover. Simmer 2½ hours.

Add potatoes and carrot chunks. Cover and simmer 20 minutes. Stir in frozen peas and simmer 5 minutes.

# **Bosnia IST**

We were told the young boy in the wheelchair had rarely been out of his home. His school system could not provide the services he needed and he wasn't required to go to school. He joined in the games slowly his smile growing as we all joined Larry "Gaga" Olson in song, "Building Bridges across the ocean, Building Bridges of love". When the parachute came out he stared in amazement at the colors and all the other children running underneath it. Our



interpreter Samir looked down and asked him and his mother if he would like to go under the parachute too. They responded yes and Samir scooped him up and ran him from one side to the other. The rest of camp was full of smiles and laughter for this young boy, when we asked him at the end of the day if he enjoyed it he responded. "It was the best day of my life."



Despite the heat and some health challenges this years trip was as fun and fulfilling as ever. Over 900 children and teachers attended the camps (a 3 year high) including 10 schools at Camp New Hope (CNH) with 3 experiencing multi-ethnic fellowship for the first time. Teacher Damir, whom I met last year summed CNH up this way, "This camp proves we can live together and disproves what our politicians are telling us."

This ministry transforms people both those who travel to BiH and those we meet there. Many of the young people who have traveled there have embarked on service careers influenced by this experience. You meet new people who open their hearts and homes to you and you become friends, you go again (and again) and you become family. You help your family. St Timothy as I have reported in past TIPS this ministry is at a crossroads. Our leadership is changing but a core group of the team is determined that this year not be the last. As the only international hands on service opportunity within our church we feel for that reason, among others, it's important to continue. While expenses were well with our budget, donations this year were down. We ended the trip with a deficit of approximately \$12,000 a not insignificant but not insurmountable amount. Synod council meets the end of this month (September) at which time they will vote on whether to endorse this effort for next year. Erasing as much of this deficit this month is critical in that decision.

I know of several St Timothy youth interested in going next year. If you can join me in making a donation this month, of any amount, we can hopefully give them the opportunity as well as give a child in BiH the "best day of their life". Please place in the offering plate clearly marked for Bosnia IST. Thank you and God bless.



## SEPTEMBER LECTIONARY

Sunday, September 1	Proverbs 25:6-7	Hebrews 13:1-8, 15-16	Luke 14:1, 7-14
Monday, September 2	2 Chronicles 12:1-12	Hebrews 13:7-21	Psalm 119:65-72
Tuesday, September 3	Isaiah 2:12-17	Titus 1:1-9	Psalm 119:65-72
Wednesday, September 4	Isaiah 57:14-21	Luke 14:15-24	Psalm 119:65-72
Thursday, September 5	Genesis 39:1-23	Philippians 2:25-30	Psalm 1
Friday, September 6	Deuteronomy 7:12-26	Colossians 4:7-17	Psalm 1
Saturday, September 7	Deuteronomy 29:2-20	Matthew 10:34-42	Psalm 1
Sunday, September 8	Deuteronomy 30:15-20	Philemon 1-21	Luke 14:25-33
Monday, September 9	2 Kings 17:24-41	1 Timothy 3:14 — 4:5	Psalm 101
Tuesday, September 10	2 Kings 18:9-18	1 Timothy 4:6-16	Psalm 101
Wednesday, September 11	2 Kings 18:19-25; 19:1-7	Luke 18:18-30	Psalm 101
Thursday, September 12	Genesis 6:1-6	1 Timothy 1:1-11	Psalm 51:1-10
Friday, September 13	Genesis 7:6-10; 8:1-5	2 Peter 2:1-10a	Psalm 51:1-10
Saturday, September 14	Numbers 21:4b-9	1 Corinthians 1:18-24	John 3:13-17
Sunday, September 15	Exodus 32:7-14	1 Timothy 1:12-17	Luke 15:1-10
Monday, September 16	Amos 7:1-6	1 Timothy 1:18-20	Psalm 73
Tuesday, September 17	Jonah 3:1-10	2 Peter 3:8-13	Psalm 73
Wednesday, September 18	Job 40:6-14; 42:1-6	Luke 22:31-33, 54-62	Psalm 73
Thursday, September 19	Exodus 23:1-9	Romans 3:1-8	Psalm 113
Friday, September 20	Ezekiel 22:17-31	Romans 8:31-39	Psalm 113
Saturday, September 21	Ezekiel 2:8—3:11	Ephesians 2:4-10	Matthew 9:9-13
Sunday, September 22	Amos 8:4-7	1 Timothy 2:1-7	Luke 16:1-13
Monday, September 23	Proverbs 14:12-31	Acts 4:1-12	Psalm 12
Tuesday, September 24	Proverbs 17:1-5	1 Corinthians 9:19-23	Psalm 12
Wednesday, September 25	Proverbs 21:10-16	Luke 20:45—21:4	Psalm 12
Thursday, September 26	Proverbs 22:2-16	2 Corinthians 8:8-15	Psalm 146
Friday, September 27	Proverbs 28:3-10	Ephesians 2:1-10	Psalm 146
Saturday, September 28	Proverbs 28:11-28	Luke 9:43b-48	Psalm 146
Sunday, September 29	Daniel 10:10-14; 12:1-3	Revelation 12:7-12	Luke 10:17-20
Monday, September 30	Amos 6:8-14	Revelation 3:14-22	Psalm 62

#### St. Timothy Business & Service Directory

#### **BUSINESSES**

## MARY KAY

#### Karen Sajban

Independent Beauty Consultant

20% off St. Tim

5 Post Brook Rd. South West Milford, NJ 07480 973-229-4624

Members

KarenSajban@marykay.com www.marykay.com/karensajban





Home Improvements Kitchens & Baths Decks Windows & Doors

Additions

Tom Sajban, President West Milford, NJ

Phone: 973-208-1896 Fax: 973-208-1896 Email: tsajban@optonline.net Lic#13VHO3247700

#### **Evalyn Johnson's Granddaughter:**



LeashNLather@gmail.com www.facebook.com/LeashNLather

505 Saddle River Road Saddle Brook, NJ 07663

#### **Tastefully Simple**

Laura Dec, Consultant Midnightangel2@optonline.net www.tastefullysimple.com

Simplified Lifestyles through Convenient & Unique Gourmet Foods

(973) 835-2348

ID# 0059231



## Sandy's Art Studio

Come join us and experience the joy of art!

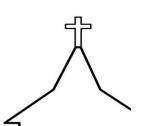
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Oil paintingPen & Ink

• Color Pencil • Drawing • and more • We get kids to think out-of-the-box, learning creativity

Age 5 to Adult

1st lesson free • Wayne, NJ
Call: 973-956-7654 • Email: kittykayy2@yahoo.com



St. Tim's Business/Service Listing contact Laurie Crowley at 973-694-8316 or email at st.tims395@yahoo.com