

May 2020 *TIPS*

A Newsletter From
Saint Timothy Evangelical Lutheran Church

Come and Worship!



Sunday Worship 9:00 & 10:30 am

Saturday Worship 6pm

395 Valley Road, Wayne, New Jersey 07470

sttimothynj.org

The Rev. Robert M. Mountenay, Pastor

395 Valley Road, Wayne, NJ 07470

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From the Pastor

My Library: Any Takers?

Books have always been a big part of my life. My father had a wonderful library. He was a member of a book club that regularly sent him beautiful editions of literary classics, everything from Homer to Dickens and Dostoyevsky, Cervantes and Voltaire, Trollope and Hardy, Conrad and on and on. When, as a senior in high school, I was required to write a literary response (book report) on a classic every month, I only had to visit my father's study to find something acceptable. My dad also had a wonderful library of railroad books that I begged to explore; it was a veritable treasure trove for a little boy who was fascinated with trains. My mother was no slouch either, when it came to reading. While my dad tended toward the classics, my mother was an avid reader of contemporary works, especially fiction.

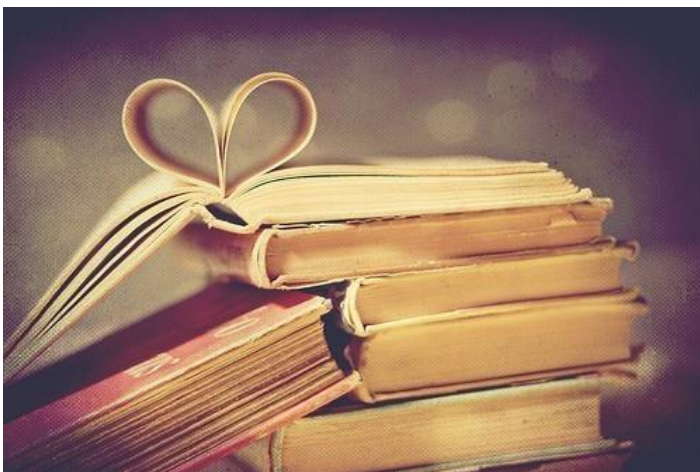
My folks also bought books for me from the time I was a toddler and read to me regularly when I was young. My mother told me, "Books are our friends," and instructed me to value and care for these precious items. In elementary school students were given the opportunity to buy books monthly from the Scholastic Book Club, and I regularly partook. Several of these volumes are still in my library.

As a college student, I began to amass text books in an era when buying used books had not yet become popular. As my studies began to concentrate on biblical, I began to collect scholarly tomes on the Old and New Testaments. Collecting theological works began in earnest when I was in seminary. We were encouraged by our professors to buy books, keep abreast of the latest trends in theology and biblical studies, and establish personal libraries. An older colleague told me that one of his professors at Gettysburg Seminary (who had retired by the time I arrived there), encouraged his students to "collect a library that will make your widow proud." I'm not sure if he said this with a straight face or not (he was known for being a classic "nutty professor" and making outrageous statements), but his point was shared by every seminary professor – a pastor's library can't be too big!

I must confess that I've known many fellow pastors who were greater bibliophiles (book lovers) than I. Some friends would stock up on numerous books every time they visited the bookstore when returning to seminary, while I'd pick up a volume or two. Some have shelves on every office wall crammed full of tomes. I suppose it's been a bit of a blessing that my study at St. Timothy is rather small; I haven't had the shelf space to continue buying books with abandon. I've also discovered the e-reader in recent years (mine's a Kindle), and have purchased most of my books electronically.

Nevertheless, my library is considerable, especially when you consider that I have many books of various genres – history, literature, *railroads* (of course!) – at home. We're downsizing in retirement, and thanks to electronics, the internet, and at least a pause in pastoral ministry; I'm hoping not to take my whole library with me.

I'll keep a collection of biblical commentaries, Lutheran standards, and a few favorite works, but I'd be happy to part with much of my theological library before my departure this summer. Are any of you interested in expanding your libraries? In the next few weeks I'll pull out the keepers and open my library to inspection. I'm also interested in parting with a few of my non-theological volumes, mostly history and literature. Let me know what your interests are, and I let you know what's available. Even if you're not interested in adding volumes to your library, if you know anyone or any organization that's in the market for books, please let me know. They're free for the taking!



In Jesus' name,

A handwritten signature in black ink, which appears to read "R. Robin Mountenay". The signature is written in a cursive, flowing style.

Pastor Robin Mountenay



4/2 Frances Ochart
 4/4 Tyler Zimmerman
 4/5 Cathe Davidson
 4/9 Donna Purcel
 4/10 Mary Ann Levine
 4/14 Eric Knittel
 4/15 Hulda Ritz

4/22 Ray Lender
 4/24 Anne Marie Lambert
 4/26 Erna Schneider
 4/26 Mary Laverack
 4/28 Ed Cleaver
 4/28 Mary Schloesser
 4/30 George Labadie



4/29 Amy & David Taranto

Should you be on this list, and you're not??
Please email Laurie at st.tims395@yahoo.com
or call the office at 973-694-8316



5/2 Eric Sajban	5/21 Briana Venturelli
5/3 Joseph Dittmer	5/22 Chris Vogt
5/5 Alice Hamm	5/23 Timothy Schwartz
5/5 Nathan Eklund	5/24 Jake Benjamin
5/6 Kimberlee Bartelt	5/26 Steven Englesbe
5/9 Robin Koegel	5/26 Jaimee Wright
5/12 Gloria Everett	5/26 Elissa Scillieri
5/12 Ilona Oosterwyk	5/27 Jacqueline Serventi
5/12 Kathryn DeStefano	5/28 Hank Kroh
5/13 Ryan DeRose-Travia	5/28 Christopher Taranto
5/16 Amy Taranto	5/31 Carol Gabel
5/17 Lisa Bielauskas	5/31 Jessica McHugh Wood
5/18 Helena Kremen	5/31 Samantha Sajban
5/20 Melissa Taranto	



5/4	Elissa & Frank Scillieri
5/5	Jeff & Marta Riotto
5/9	Carin & Richard Wantula
5/10	Dorothy & Roy Vander Wende
5/11	Ed & Joann Bachorik
5/12	Cathe & Bob Davidson
5/16	Donna & Rich Milito
5/19	Danielle & Fred Dittmer
5/24	Craig & Marie Beyer
5/26	Riitta & Matthew Englesbe

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or call the office at 973-694-8316



Since March 15, 2020, gifts were given to the General Memorial Fund in memory of:

Joseph Smith, husband of Eileen Smith

and to our Organ Repair Fund, in memory of:

Louise Hawkridge

There were no Memorial purchases during this month.



No Memorial Garden pavers were purchased this month, so our paver total stands at 114. The price of a paver is \$300.00. Checks may be made to St. Timothy Memorial Fund, with the words "Memorial Garden" on the memo line. Pavers may be engraved with the names of deceased loved ones, or left blank for future engraving. Paver application sheets are available in the narthex. See

Pat Winters for further information or assistance. The Memorial Garden is self-supporting; gifts are welcome at all times!

We also welcome contributions to the fund for restoration and enhancement of our Church organ. The work is ongoing and should be completed very soon. Checks may be made to St. Timothy Memorial Fund, with the words "Organ Repair" on the memo line.



We are grateful to all who have given to the St. Timothy Memorial Funds – the General Memorial Fund, the Music Fund, the George Laubscher Monday Morning Fund, the Memorial Garden Fund, the Eternal Light Candle Fund, and the Flanders/Schleer Scholarship Loan Funds – and for the faithful repayments to the loan funds. We welcome additional contributions as we assist families with the high price of college.



Do you know of a parishioner, family member or friend who is undergoing medical procedures, needs comfort in times of stress, suffering bereavement, during an illness or recovery and would benefit from prayer or meditation from others? The prayer shawl ministry has lovingly hand knitted and crocheted prayer shawls that are created through

a ritual of prayer asking God to answer whatever need the recipient may have, asking Him to bless them and surround them with His love. The softness of the shawl is a reminder of His love as they are surrounded with it. Share it with loved ones, or cuddle with others with it. Please let Pastor Mountenay know of anyone who might be in need of the embrace of a hug and prayers as they go throughout their day.

Heart 'n Hands Mission



During this challenging time, circumstances limit what we can deliver to support those who depend on our mission for clothing, necessities, and comfort. We have been able to provide gift cards, coffee, cups, take-out food containers, water bottles, drinks, and instant oatmeal to the food pantry operations of the sites we serve in Hoboken and Passaic.

Together, through individual efforts while we are all at home, we can prepare more than ever before to provide maximum support when we can safely venture out and resume our activities. This is a great opportunity for the family to clean out a closet, or a game cupboard, to round up those old reading glasses hiding in drawers, or to gather bedding and towels for our friends in need. Please consider holding a family collection. We will accept donations as soon as we are able and deliver your collections quickly.

In the meantime, we will continue to provide whatever support we can to our gathering sites, and we'll keep you informed. Thank you for your continued support, and we hope that all of you remain healthy and safe.



"You never know what you can do until you have to do it" Betty Ford.
How appropriate for our time today.

Some people have a wonderful way of expressing what we are feeling at one time or another. As usual I rob from their words...

1. First, from Jordan Peterson... "Treat yourself like someone you are responsible for helping".
2. Next, a few from Madeleine Albright... She says she is a "Worried optimist, problem solver"; she has learned "you can control your mood"; and "no point in getting angry just laugh".

We are all depressed because we have been stuck in the house. Some are alone and miss contact with family and friends and are getting anxious. Some are working from home and missing co-workers. What are some things you can do?

- Start with scheduling your day. Not too specific. Get out of bed at 8. Have breakfast. Read the newspaper. Do 30 minutes of exercise. Make 2 phone calls to friends, etc... you get the idea.
- Accept your feelings. If you are depressed or anxious, what do you need to do to help yourself? Maybe it's just focusing on just standing or sitting. How does your body feel? Maybe it's just saying out loud how you feel. Maybe it's writing a letter. Maybe it's giving your feelings a name, be inventive, like the "black crow". Then you can say the black crow has me right now.

How can you look for the positives in the situation? Maybe it's looking out the window at some beautiful trees or listening to the birds. Maybe it's saying the Lord's Prayer or a psalm of your choice.

We all miss each other but this will be over soon. You are not alone. God is always with you.

More "Make Life Easy" next Tips
Barbara Westerberg



**Due to the current pandemic
any and all event and meeting
dates are subject to change.**



Angels Circle

When it is safe to meet we will get together. I am working on putting quilt kits together. They will be available when church reopens.

Barbara Kaplan



Wayne Interfaith Network

Currently WIN is serving 126 clients and their families. Approximately 66 children are served each month. The pantry is currently closed due to this Pandemic.

Monetary donations are greatly appreciated and may be made “in memory of” or “in honor of”. Mail to Wayne Interfaith Network, PO Box 3341, Wayne, NJ 07474-3341.

Thank you for your generosity.

www.WinFoodPantry.org

Senior Moments

When we cancelled our March Prime Timers I wondered if we were being too conservative. But in just a few days we realized it was the right thing to do. When we cancelled April Prime Timers I prayed that we would meet in May. But once again we are not gathering together. We are gathering on Sunday mornings, but from our homes - not in the pew. Some are having family gatherings and even celebrated Easter together, but on social media platforms such as Facebook, Zoom, and WhatsApp. We keep our doctor appointments but we keep them from our homes using TeleMed, Microsoft Meetings. In the midst of the uncertainty and isolation we are blessed to have the means to keep in touch. Of course, there is also the good old telephone!

In the last two articles we explored ways to keep active so as to keep healthy in body and mind. This month brings yet another suggestion: SING! Sing your favorite hymns. When I'm stressed I always sing a hymn from Sunday school, "I Am Jesus Little Lamb." But there are so many other hymns that I love and I'm sure you have favorites as well.

An article in [TakeLessons.com](https://www.takelessons.com) lists some health benefits of singing:

- 1) Singing is a workout.
- 2) Singing helps with sleep.
- 3) Singing is a natural anti-depressant.
- 4) Singing lowers stress levels.
- 5) Singing improves mental alertness.

We don't all have the same skill level (I think Caroline has proven that over the last several weeks!) but we can sing and even if our skills are not what we might hope, we're in our homes - we can belt it out!

So sing! Sing to God's glory these 50 days of Easter, bringing your intentions to God in a favorite hymn, sing lamentations when days just seem so long - and lonely. Perhaps when we return to worship you'll find you've enjoyed singing so much you will want to continue singing with the choir.

Alleluia! Sing to Jesus!
Eileen Smith



St. Timothy's Sunday School has not been meeting each week in the usual manner since "Social Distancing" has been in effect. Instead we have had a Children's Sermon most every week at 10:30 "Live" on our St. Timothy Facebook page. We truly are happy that we can still have something for our children, and adults too, during these challenging times.

A quote from Pastor: "God intends us to live our lives with joy and peace, even in the most difficult and challenging circumstances, knowing that nothing can separate us from the love of God. May God's peace be with you."

The SonRise Bistro is in need of someone to keep it up and running next Sunday School year. Terri Loftus has been doing this important job for many years and will not be continuing in the fall going forward. These are some of the tasks that need to be taken care of: collect the Sunday School weekly offering, attendance for the Cross and Crown Awards, curriculum, making copies and passing out flyers, coffee and supplies, emptying the garbage and turning off the room lights. If these tasks seem too much for one, several of you may want to help out. "Many Hands Make Light Work". Thank you for considering this very important calling.

If you have any questions or concerns about Sunday School you may contact me at my home 973-835-2348 or my cell 973-722-1483.

Respectfully submitted,
Laura Dec

Dates to Remember:

May 10 – Mother's Day
May 25 – Memorial Day
May 31 – Confirmation

ST. TIMOTHY COVID-19 JOURNAL

PLEASE SHARE YOUR EXPERIENCES
AND BE A PART OF THIS PROJECT



Easter - 2020

Earlier today we worshipped together as we have for the past few weeks. From our individual homes we tuned in to Facebook as our Pastor led worship. Who could have thought that on this most holy day we would be isolated in our homes - that the simple ritual of attending church would not be possible. Who could have predicted that on Easter, the Queen of Feasts, we would be once again worshipping from home, watching on Facebook, fasting from the Feast.

These are difficult days, days that will leave us with months and years of memories. We are inviting you to share those memories. We are planning to memorialize how COVID-19 affected the members of St. Timothy and we need your input to do so.

Please consider sharing your experiences and feelings in writing. It can be a letter or take journal form. Perhaps you would like to express yourself in art. You may wish to write more than once and that would be fine. Please do whatever makes you most comfortable. When this is over and we are back together you may wish to reflect back — or look forward — or simply stay in the present and write what it is like to get back to a semblance of normal living.

Our children are encouraged to join in as well. They may write something or draw a picture - anything that helps them share what their days are like. Look for notes from Miss Laura.

There is obviously no deadline as the virus hasn't given us its deadline. You may start submitting your writing the day you receive this - or a week or a month later. At some point when the virus is past us we will offer a deadline and then put the writings in a book for our congregation to read. Perhaps a few decades from now when this is in history lessons children of our congregation will use this book to write a class paper.

However it is used, in all we do, we do it to God's glory and most especially herein as it is God who will bring us through. The fast will be broken and we will soon feast on the gift of one another, the Word, and the Holy Meal.

Please send your submissions by email to st.tims395@yahoo.com or by mail to the church (395 Valley Rd., Wayne 07470). Whether by email or snail mail please mark the subject or envelope: St. Tim's COVID Journal. If you have questions please contact Robin Koegel or Eileen Smith. Thank you!

In Jesus love, Robin Koegel and Eileen Smith

Bosnia IST 2020



While we all hope and pray we'll soon be able to renew normal life the Bosnia Leadership team and the bishop have decided to cancel this year's servant trip scheduled for the end of June.

All involved were excited to celebrate our 20th year with our friends there. That said we have a big jump on next year's planning.

To those who are decorating totes please continue, they will be used eventually. If anyone would like some to work on while isolating please let me know.

We have incurred some expenses so if anyone can help in any small way possible it would be greatly appreciated. The links to make an on-line donation or print out a mail-in form are here: <https://servanttrips.org/support-us/>

The pandemic is not as severe in BiH as it is in our area our friends there are practicing physical distancing and they join us in prayers for an end to this crisis. They also send wishes for a Happy Easter.

Thank you all for your prayers and support,
Cliff

ksnacs@msn.com
cell (201) 757-4086



Global Emergency Response and Assistance (GERA)



As I reported a few months ago several refugee families living in the Elizabeth area have recently sought help from GERA. Their situation has become all the more dire with the ongoing pandemic. One father supports his family driving an Uber and business has suffered greatly. Here is the link if you would like to make an online donation:

<https://www.gera-ngo.org/>

Sikandar is also collecting furniture and household items they often need and has recently been given additional storage space. So with all the clean out many are doing now if you have items you would like to donate please contact me at (201) 757-4086 or Ksnacs@msn.com and I'll facilitate pick up.

Thanks

Cliff Konnerth

MAY LECTIONARY

<i>Friday, May 1</i>	<i>Isaiah 30:18-21</i>	<i>2 Corinthians 4:1-6</i>	<i>John 14:8-14</i>
<i>Saturday, May 2</i>	<i>Ezekiel 34:1-16</i>	<i>Luke 15:1-7</i>	<i>Psalm 23</i>
Sunday, May 3	Acts 2:42-47	1 Peter 2:19-25	John 10:1-10
<i>Monday, May 4</i>	<i>Ezekiel 34:17-23</i>	<i>1 Peter 5:1-5</i>	<i>Psalm 100</i>
<i>Tuesday, May 5</i>	<i>Ezekiel 34:23-31</i>	<i>Hebrews 13:20-21</i>	<i>Psalm 100</i>
<i>Wednesday, May 6</i>	<i>Jeremiah 23:1-8</i>	<i>Matthew 20:17-28</i>	<i>Psalm 100</i>
<i>Thursday, May 7</i>	<i>Genesis 12:1-3</i>	<i>Acts 6:8-15</i>	<i>Psalm 31:1-5, 15-16</i>
<i>Friday, May 8</i>	<i>Exodus 3:1-12</i>	<i>Acts 7:1-16</i>	<i>Psalm 31:1-5, 15-16</i>
<i>Saturday, May 9</i>	<i>Jeremiah 26:20-24</i>	<i>John 8:48-59</i>	<i>Psalm 31:1-5, 15-16</i>
Sunday, May 10	Acts 7:55-60	1 Peter 2:2-10	John 14:1-14
<i>Monday, May 11</i>	<i>Exodus 13:17-22</i>	<i>Acts 7:17-40</i>	<i>Psalm 102:1-17</i>
<i>Tuesday, May 12</i>	<i>Proverbs 3:5-12</i>	<i>Acts 7:44-56</i>	<i>Psalm 102:1-17</i>
<i>Wednesday, May 13</i>	<i>Proverbs 3:13-18</i>	<i>John 8:31-38</i>	<i>Psalm 102:1-17</i>
<i>Thursday, May 14</i>	<i>Isaiah 66:1-2</i>	<i>Luke 6:12-16</i>	<i>Acts 1:15-26</i>
<i>Friday, May 15</i>	<i>Genesis 7:1-24</i>	<i>Acts 27:13-38</i>	<i>Psalm 66:8-20</i>
<i>Saturday, May 16</i>	<i>Genesis 8:13-19</i>	<i>John 14:27-29</i>	<i>Psalm 66:8-20</i>
Sunday, May 17	Acts 17:22-31	1 Peter 3:13-22	John 14:15-21
<i>Monday, May 18</i>	<i>Genesis 9:8-17</i>	<i>Acts 27:39-44</i>	<i>Psalm 93</i>
<i>Tuesday, May 19</i>	<i>Deuteronomy 5:22-33</i>	<i>1 Peter 3:8-12</i>	<i>Psalm 93</i>
<i>Wednesday, May 20</i>	<i>Deuteronomy 31:1-13</i>	<i>John 16:16-24</i>	<i>Psalm 93</i>
<i>Thursday, May 21</i>	<i>Acts 1:1-11</i>	<i>Ephesians 1:15-23</i>	<i>Luke 24:44-53</i>
<i>Friday, May 22</i>	<i>2 Kings 2:1-12</i>	<i>Ephesians 2:1-7</i>	<i>Psalm 93</i>
<i>Saturday, May 23</i>	<i>2 Kings 2:13-15</i>	<i>John 8:21-30</i>	<i>Psalm 93</i>
Sunday, May 24	Acts 1:6-14	1 Peter 4:12-14; 5:6-11	John 17:1-11
<i>Monday, May 25</i>	<i>Leviticus 9:1-11, 22-24</i>	<i>1 Peter 4:1-6</i>	<i>Psalm 99</i>
<i>Tuesday, May 26</i>	<i>Numbers 16:41-50</i>	<i>1 Peter 4:7-11</i>	<i>Psalm 99</i>
<i>Wednesday, May 27</i>	<i>1 Kings 8:54-65</i>	<i>John 3:31-36</i>	<i>Psalm 99</i>
<i>Thursday, May 28</i>	<i>Exodus 19:1-9a</i>	<i>Acts 2:1-11</i>	<i>Psalm 33:12-22</i>
<i>Friday, May 29</i>	<i>Exodus 19:16-25</i>	<i>Romans 8:14-17</i>	<i>Psalm 33:12-22</i>
<i>Saturday, May 30</i>	<i>Acts 2:1-11</i>	<i>Romans 8:14-17, 22-27</i>	<i>John 7:37-39</i>
Sunday, May 31	Numbers 11:24-30	1 Corinthians 12:3b-13	John 20:19-23

St. Timothy Business & Service Directory

BUSINESSES


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Evalyn Johnson's Granddaughter:



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www.facebook.com/LeashNLather

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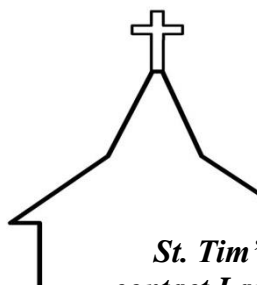
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